

# Have The NAK



## The Kimberley Family Extended Schools Service Newsletter

Welcome to the 2<sup>nd</sup> Edition of the Kimberley Family Extended Services Newsletter.

Hope you all had a fantastic Christmas and Happy New Year!

The aim of this newsletter is to keep you updated with developments in Extended Services in the Family along with providing information on services, activities and support for you or your family in the Kimberley area.

### ☕ !!Parent/Carer Coffee Mornings!! ☕



Thank you to those who attended the coffee morning in December, the success of the raffle has raised funds towards safeguarding the future of the coffee morning.

However, the more the merrier, so please visit [www.havethenak.co.uk](http://www.havethenak.co.uk) and click on latest news and take part in our coffee morning survey to find out your views.

Following feedback gained from those who have taken part in the survey, it has been decided that the coffee morning will have a new venue and time from February. This is to try and get more parents/carers from the family of schools attending.

**New Venue!: Gilthill Primary School (Community Room)**

**Date: Every first Wednesday of the month**

(February 2<sup>nd</sup>, March 2<sup>nd</sup> and April 6<sup>th</sup>)

**New Time!: 9.00-11.00am**

**PLEASE NOTE THAT THERE IS NO PARKING IN THE SCHOOL CAR PARK (THOSE WITH A VALID DISABLED BADGE CAN PARK BUT THIS MUST BE DISPLAYED).**

The coffee mornings are open to all parents or carers in the local community and are a great opportunity to come along and share ideas, problems and experiences with other parents.

Although the coffee mornings are free to attend, donations are always welcome!

To find out more information email: [camilla.denham@fundsport.co.uk](mailto:camilla.denham@fundsport.co.uk)



### Half Term Fun at Kimberley Leisure Centre!

A number of activities will be starting on February 7<sup>th</sup> 2011 and will be **FREE** to the appropriate age groups. All activities will be run using Sport Unlimited funding and include X Biking, Fitness for Cricket, and training for the forthcoming Junior Triathlon event which the centre will be hosting in June.

During February half term the centre will be delivering a programme of activities including the SHOKK gym which are not funded.

For more information please contact: **0115 9173366** or alternatively visit the website [www.Broxtowe.gov.uk/leisure](http://www.Broxtowe.gov.uk/leisure)



### First Aid Course- First Aid in the Workplace

There is a great opportunity for adults to take part in an accredited Level 2 course.

Topics covered will include:

- The unconscious casualty (recovery position)
- Resuscitation and Choking
- Fractures
- Heart attack and Angina
- Diabetes

The cost is **£22 (£2.20per week)** per person for a one hour session over ten weeks. If you are in receipt of a means tested benefit then the course is **free**.

In order to run the course there needs to be a minimum of 8 participants.

Therefore, before a venue is booked and a start date set, I need to know how many adults in the Family of schools would like to take part.

If you are interested in this please let me know on 01623 723555, alternatively you can contact me on [camilla.denham@fundsport.co.uk](mailto:camilla.denham@fundsport.co.uk).



### Free Family Learning!

Some of the schools in the family have teamed up with Nottinghamshire Community Health and 'Cook For Life' and will be holding Parent/Child cookery courses starting in the new year. The course is free to attend but places are limited and will be offered on a first come first serve basis so please contact the schools listed below for more information:

- Gilthill
- Kimberley Primary
- Larkfields Junior
- Hollywell Primary

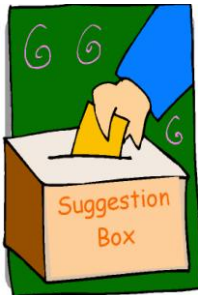
If the course is fully booked and you would like you and your child to be considered should the course be held again, then please email me on [camilla.denham@fundsport.co.uk](mailto:camilla.denham@fundsport.co.uk)



### Looking for Childcare?

For the latest information on Nottinghamshire County Council's approved childcare settings, nurseries and out of school clubs within Kimberley, please contact the **Families Information Service** on:

0800 7812161



### Calling All Adults!!

In each school reception there is a suggestion box available for parents and carers to submit any comments on extended services or request any information on specific adult education courses they would like to participate in, any activities they would like to attend and any sessions they would like to be offered in order to help them help their children.

Alternatively, please feel free to submit your opinions online at [www.havethenak.co.uk](http://www.havethenak.co.uk) and click on latest news!

### Information on Extended Services

Don't forget, for more information on extended services please visit the website:

[www.havethenak.co.uk](http://www.havethenak.co.uk)

You can also find information on the Extended Services noticeboards, which can be found outside every school within the family.



### **Next Step- Helping you get on in work and life!**

Next Step is available free to every adult in England and has already helped millions of people improve their working lives. It provides information, careers and skills advice that's tailored to you.

Next Step can help you:

- Find learning and training that is right for you.
- Improve your reading, writing and maths.
- Understand the local job market and find the right job.
- Develop your CV.
- Progress in your current job.
- Find out about funding to support your learning.

Help is available online, or with one of the Connexions careers advisers over the phone or face-to-face.

For more information please visit [www.cnxnotts.co.uk/advice](http://www.cnxnotts.co.uk/advice). You can contact Eastwood Connexions Centre on 01773 713 449 or alternatively you can email on [eastwoodadvice@cnxnotts.co.uk](mailto:eastwoodadvice@cnxnotts.co.uk).



## **Are you 11-13? Then Chillax is for you!**

'Chillax' is a fantastic place to go after you finish school. You can hang out with your friends and play pool and table tennis, as well as watch TV and use the internet.

Below are all the details you will need to know!

**Place:** Youth Service Centre (next to Kimberley Comprehensive and down the side of Kimberley Leisure Centre)

**Cost:** Free!

**Age:** 11-13

**Day:** Monday to Friday

**Time:** 3.30-5.30pm

('Chillax' is a safe environment lead by fully qualified adults and with the help of Kimberley Comprehensive volunteer students. Although you must sign in, you are free to leave at any point.)



The Kimberley Family of Schools Extended Services are provided by the Fundsport Group.

[www.fundsport.co.uk](http://www.fundsport.co.uk)

For more information on Extended Services please contact your Extended Services Co-ordinator Camilla Denham.

Email: [camilla.denham@fundsport.co.uk](mailto:camilla.denham@fundsport.co.uk)

Telephone: 01623 723555