

# Have The NAK



## The Kimberley Family Extended Schools Service Newsletter

Welcome to the 3<sup>rd</sup> Edition of the Kimberley Family Extended Services Newsletter!!

### What is Extended Services?

The aim of Extended Services is to provide a range of activities, learning opportunities and services often beyond the school day to help meet the needs of its pupils, their families and the wider community. Using the website ([www.havethenak.co.uk](http://www.havethenak.co.uk)), the noticeboards (**which can be found outside of every school**) and this newsletter (**produced every few months**) you will be updated regularly on events, news and developments in Extended Services in the Family for you and your family in the Kimberley area.

For more information on Extended Services please contact your Extended Services Co-ordinator Camilla Denham.  
Email: [camilla.denham@fundsport.co.uk](mailto:camilla.denham@fundsport.co.uk) Telephone: 01623 723555

### ADULT LEARNERS' WEEK 14<sup>th</sup>-20<sup>th</sup> MAY 2011

"During this week-long festival of learning, events take place in workplaces, libraries, cafes, prisons, museums and colleges across the country, motivating adults of all ages and backgrounds to take up new activities. During Adult Learners Week 2010, an estimated 100,000 adults engaged in over 4,000 learning events. In a survey of participants, 57% of the people who took part in activity enrolled on, or applied for, a course as a result of getting involved." <http://www.alw.org.uk/>

### Adult Learners' Week Market Place Event

Where: Kimberley Primary

Who can go: Open to all adults in the Kimberley Community

Date: Monday 16<sup>th</sup> May 2011

Time: Drop in anytime between 3.30-5.30pm

What is going to be there?

Representatives from the local area will be attending to sign post, raise awareness and promote the different learning opportunities that are available in the Kimberley area. Virgin Vie products will be on sale along with the opportunity to experience Indian head massage.



"...an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™ that's moving millions of people toward joy and health." ([www.zumba.com](http://www.zumba.com))

As part of Adult Learners' Week, a Zumba taster session will be held for the community. As this is such a popular new fitness craze, if you would like to attend the taster then please contact me to reserve a place ([camilla.denham@fundsport.co.uk](mailto:camilla.denham@fundsport.co.uk) or 01623 723555). Places are limited and will be offered on a first come first serve basis. If there is enough interest at the taster session, a regular class will be set up.

Where: Kimberley Primary School

When: Tuesday 17<sup>th</sup> May 2011

Time: 3.30-4.30pm

Cost: £2 per adult



### Easter Holiday Activity Fun at Kimberley Leisure Centre!

There will be a variety of fun activities taking part at Kimberley Leisure Centre during the Easter Holidays. For more information please contact: 0115 9173366 or alternatively visit the website [www.Broxtowe.gov.uk/leisure](http://www.Broxtowe.gov.uk/leisure)



### Free Family Learning!

Some of the schools in the family have teamed up with Nottinghamshire Community Health and 'Cook For Life' and will be holding Parent/Child cookery courses starting this term. The course is free to attend but places are limited and will be offered on a first come first serve basis so please contact the schools listed below for more information:

- Larkfields Junior
- Mornington Primary
- Hollywell Primary

So far courses have taken place at Gilthill and Kimberley Primary and feedback from both parents and children have been fantastic:

**"I have learned simple recipes that are healthy but quick and will use these in the future."** Parent

**"It was fun learning how to cook things, I also learned what was healthy to eat and the best bit was getting to take the food home at the end!"**

Child, age 8

If the course is fully booked and you would like you and your child to be considered should the course be held again, then please email me on [camilla.denham@fundsport.co.uk](mailto:camilla.denham@fundsport.co.uk)

### Community Celebration Event

Where: Kimberley Primary  
When: May 25<sup>th</sup> 2011  
Time: 3.30pm-5pm

#### What is it?

A seasonal community event which invites all cultures in the Kimberley area to attend and involves food tasting, henna, dance, artwork and competitions!

For more information please contact Kimberley Primary School on: 0115 938 5050



### First Aid Course- First Aid in the Workplace- UPDATE!!

Unfortunately, only 3 adults have shown an interest in attending this course. Therefore, unless there is a bigger response I will not be able to run the session.

Cost= **£22 (£2.20per week)** per person for a one hour session over ten weeks. If you are in receipt of a means tested benefit then the course is **free**.

**In order to run the course there needs to be a minimum of 8 participants.**

If you are interested in this please let me know on 01623 723555, alternatively you can contact me on [camilla.denham@fundsport.co.uk](mailto:camilla.denham@fundsport.co.uk).



### Looking for Childcare?

For the latest information on Nottinghamshire County Council's approved childcare settings, nurseries and out of school clubs within Kimberley, please contact the **Families Information Service** on: **0800 7812161**



[www.familylives.org.uk](http://www.familylives.org.uk)

### Calling all Parents!!

#### **Parentline Plus has changed and is now called Family Lives.**

Family Lives is a national charity providing help and support in all aspects of family life. They provide a free 24 hour confidential helpline and can be contacted on:

**0808 800 2222**



### **'Chillax' Receives Award!**

Funding to run the youth project 'Chillax' was due to run out at Easter this year. However, the Community Improvement Club at Kimberley Comprehensive has now put a stop to this!

By applying to Awards for All through the Big Lottery Fund, the students have managed to secure funding to continue the youth club for at least another year. One student who attends said,

**"It's a great place to go and chill out with my friends after school and I enjoy playing on the pool table" Student age 13.**

This is fantastic news for not only those who already attend but for new students wanting to go. As well as a pool table, computers, a TV and computer games, the funding also means that occasionally activities will be put on and ran by professional coaches such as Basketball, Football and Dance as well as the opportunity to take part in Cookery. If this sounds like your kind of thing and you are age 11-13, then please come along!

**Place:** Youth Service Centre (next to Kimberley Comprehensive and down the side of Kimberley Leisure Centre)

**Cost:** Free!

**Age:** 11-13

**Day:** Monday to Friday

**Time:** 3.30-5.30pm



('Chillax' is a safe environment lead by fully qualified adults and with the help of Kimberley Comprehensive volunteer students. Although you must sign in, you are free to leave at any point.)

### **!!Parent/Carer Coffee Mornings!!**



Although the coffee morning has been trialled at a different venue and at a different time, numbers still have not increased.

**Therefore, the coffee morning will no longer be running.**

I have created a survey on the Extended Services website ([www.havethenak.co.uk](http://www.havethenak.co.uk)) to find out your views on whether there is a specific school or time you would like a parent/carers coffee morning to be held at regularly.

The aim of the coffee morning is to offer a place where all parents/carers in the family of schools can go and socialise, share ideas, problems and experiences with other parents.

### Information on Extended Services

Don't forget, for more information on extended services please visit the website:

[www.havethenak.co.uk](http://www.havethenak.co.uk)



The Kimberley Family of Schools Extended Services are provided by the Fundsport Group. [www.fundsport.co.uk](http://www.fundsport.co.uk)