



Kimberley  
School

OCR  
Cambridge Technical  
Level 3

# SPORT & PHYSICAL EDUCATION

# SIXTH FORM PE



East Midlands  
Education Trust

SUBJECT BOOKLET  
2024-2026

## What is 'Cambridge Technicals'?

Cambridge Technicals are vocational qualifications that are designed to give you a work-focused alternative to A Levels.

They've been designed to give you opportunities to demonstrate and develop the practical application of knowledge and understanding in the areas of work that appeal to you. This will enable you to develop your research skills as you work, both independently and with colleagues, to progress through your qualifications.

## Why choose them?

If you prefer to learn in a way that's practical and work-related, then Cambridge Technicals are ideal. The great thing about them is that they keep your options open – so if you're not fully convinced that a vocational way of learning is right for you, Cambridge Technicals keep the door open for a move to higher education further down the line.

## What progression opportunities do Cambridge Technicals provide?

The great thing about them is that they still give you a choice of opportunities once you've completed them. The three choices open to you are:

**Employment**, where you can put your new practical skills towards generating an income

**Further education**, such as a higher-level qualification at school or college

**Higher education**, such as a degree course at university.

Access to higher education is possible if you take the Level 3 qualifications because they have UCAS points.



## On Your Marks.....

In the first year you'll study 3 mandatory units. These units include Body systems and the effects of physical activity, Sports organisations and development and Physical activity for specific groups. Units will be taught in the classroom and practically outside/in the gym. In the second year of the course the students will study 3 units more units. These possible units include: Sports Nutrition, Practical Sport, Sport as a Business, Sports Leadership and Sports Injuries to name just a few. Time will also be given in the second year to make adjustments to the assignments from the 1<sup>st</sup> year if needed to obtain the maximum grade possible. This course is 66% written/practical assessment (coursework) and 34% through examinations.

## Where Will Success Take Me?

The subjects you learn about will be invaluable at a personal level and will help you to be better at sport, no matter what your standard. This A Level also opens up a whole number of career options. Like sport scientist, physiotherapist, or working for a national governing body.

## Will it Fit My Life?

PE goes well with other subjects. If you want a career in physical education you might also consider courses like Human Biology. But no matter what your career ambition, if you are passionate about sport, this course is great to take alongside other topics.

## Can't Wait to Get Started?

Your Parents, PE Teacher and 6th Form Adviser will be the best people to talk to confirm whether PE is the right choice for you. They will be as passionate as you to find the best subject to develop your talents!





See any member of the PE Dept for further details.