

# Personal Development

Personal Development education gives pupils the knowledge, skills, and attributes they need to keep themselves healthy and safe and to prepare themselves for life and work in modern Britain. Personal Development education helps pupils to achieve their academic potential, and leave school equipped with skills they will need throughout later life.

Personal Development includes a number of topics which are now compulsory for learners. Further details of Kimberley Schools policy on relationship and sex education can be found here: [https://676e78de-15d9-46b7-9fcd-a49f46e58722.filesusr.com/ugd/b2657a\\_e16b7ae55794424fbcade0c2339dd9a4.pdf](https://676e78de-15d9-46b7-9fcd-a49f46e58722.filesusr.com/ugd/b2657a_e16b7ae55794424fbcade0c2339dd9a4.pdf)

Any questions or queries regarding Personal Development can be directed to our Subject Performance Leader for Personal Development Miss E Cooper email [e.cooper@kimberleyschool.co.uk](mailto:e.cooper@kimberleyschool.co.uk)

At Kimberley School we have a five year pathway covering a range of important topics. These include British Values, Relationship and Sex education and Careers. The topics we cover each year are:

# LEARNING JOURNEY

Year 7 Personal  
Development Curriculum

MANAGING  
CHANGE

This is the  
roadmap for year  
7. We cover topics  
such as self-  
esteem, drugs and  
alcohol  
awareness,  
multiculturalism  
and friendship.

PUBERTY  
& BODY  
DEVELOPMENT

POLITICS,  
PARLIAMENT  
& ME

STAYING SAFE  
ONLINE  
& OFFLINE

CELEBRATING  
DIFFERENCES

FRIENDSHIPS  
RESPECT  
& RELATIONSHIPS

# LEARNING JOURNEY

Year 8 Personal Development curriculum

PHYSICAL HEALTH  
& MENTAL WELLBEING

PROUD  
TO BE ME!

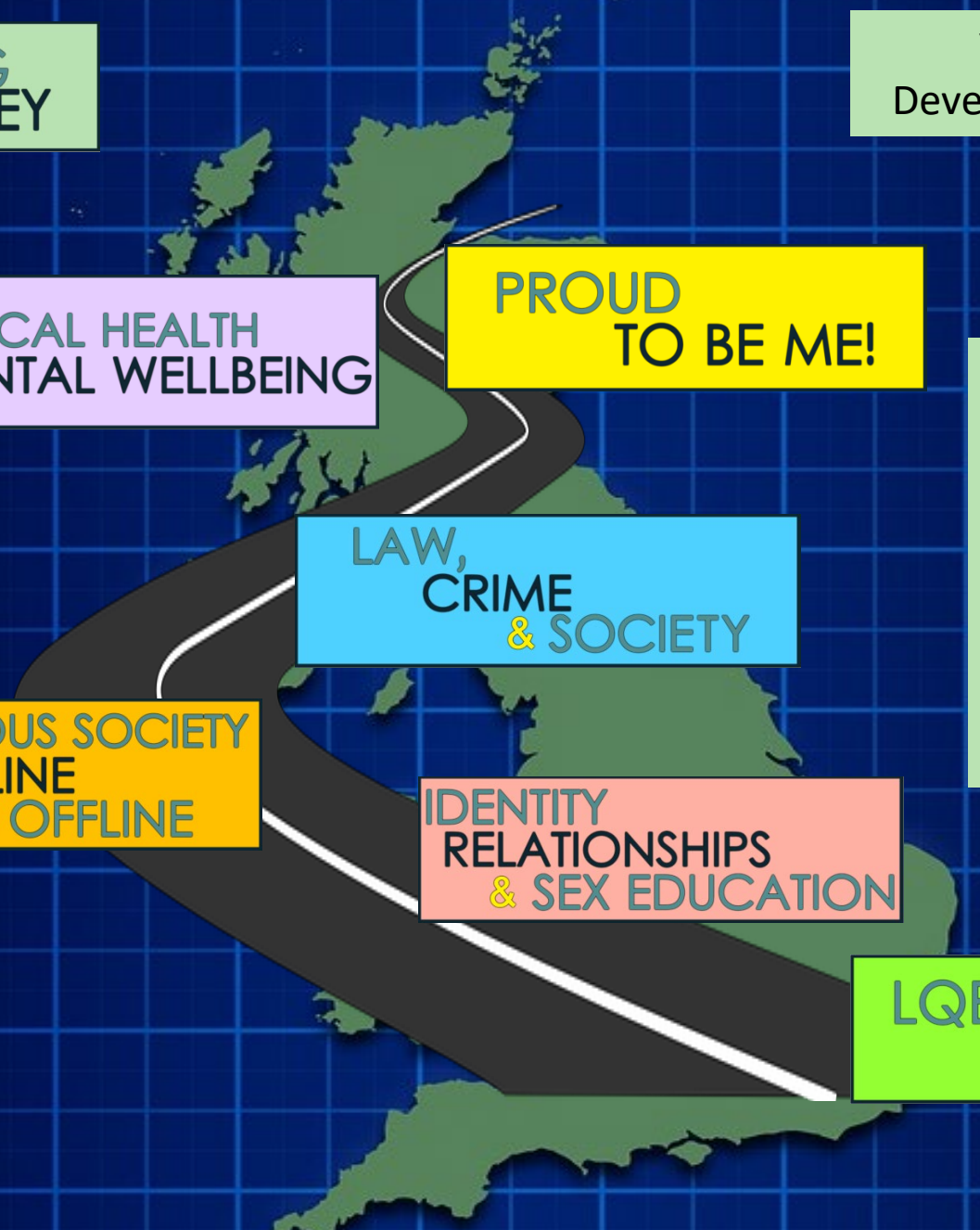
In year 8 we progress to topics such as cyber bullying and grooming, positive body image, careers and aspirations and homophobia.

LAW,  
CRIME  
& SOCIETY

DANGEROUS SOCIETY  
ONLINE  
& OFFLINE

IDENTITY  
RELATIONSHIPS  
& SEX EDUCATION

LGBTQ+  
EXPLORED



# LEARNING JOURNEY

Year 9 Personal Development curriculum

SEX,  
THE LAW  
& CONSENT

COMBATTING  
EXTREMISM  
& TERRORISM

LEGAL  
& ILLEGAL  
DRUGS

CONTRACEPTION  
& STI'S

ESSENTIAL  
LIFE  
SKILLS

BODY  
CONFIDENCE

In year 9 we look at topics such as grief, social media and online stress, money management, sex education, terrorism and first aid.

# LEARNING JOURNEY

Year 10 Personal Development curriculum

RIGHTS  
& RESPONSIBILITIES

VIOLENCE  
CRIMES  
& SEEKING SAFETY

EXPLORING  
RELATIONSHIPS  
& SEX EDUCATION

EXPLORING  
WORLD  
ISSUES

MENTAL  
HEALTH  
& WELLBEING

EXPLORING  
BRITISH  
VALUES

In year 10 amongst other things we look at screen time, marriage, consumer rights, domestic violence, gambling, human rights, fair trade and women's rights.

# LEARNING JOURNEY

Year 11 Personal  
Development curriculum

YOUR FUTURE  
& BEYOND

STAYING  
SAFE

ADULT HEALTH  
& LOOKING AFTER  
YOURSELF

SEXUAL  
HEALTH

Year 11 focuses on topics such as planning for employment, career routes, exam stress, pregnancy and parenthood, and types of cancer and how screening for them works.